

# PROFILE®

## The Food Industry's Single Source for Product Information

BRAKEBUSH BROTHERS, INC.

Brakebush®

Chicken, FC CN Chick-Licious® Breast Patties, avg 49/3.25 oz

GTIN:	10038034591208
MFR Product Number:	5912
Serving Size:	about 1 pattie
Servings Per Case:	about 49
Storage Temperature:	0F
Shelf Life:	12 MONTHS
Child Nutrition Label (Y/N):	Yes



1-3.25 oz. fully cooked chicken breast pattie equals 2 oz. meat/meat alternate and 1 bread serving.

### General Description

5912-Fully cooked CN breaded chicken breast pattie.

One 3.25 oz. cooked breaded chicken pattie provides 2.00 oz. equivalent meat/meat alternate and 1 serving of bread alternate for the child nutrition meal pattern requirements.

### Benefits Of Using This Product

This product is easy to prepare-fryer,oven or microwave. Consistent quality; less expensive than whole muscle product.

### Serving Suggestions

For recipe and menu ideas go to [www.brakebush.com](http://www.brakebush.com)

### Preparation and Cooking Instructions

Cook to a minimum of 165°F.

Bake in single layer in preheated convection oven at 350°F for 10-15 min.

Bake in single layer in preheated conventional oven at 400°F for 12-17 min.

Deep fry at 350°F for 3-4 min.

Microwave on high about 1-3 min. per serving, turning once.

Adjust times to quantity being cooked and equipment used. Do not overcook.\

### List Of Ingredients

Boneless chicken breast with rib meat, water, isolated soy protein, salt, sodium phosphates, seasoning (salt, garlic powder, spice, soybean oil). Breaded with enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yellow corn flour, food starch-modified, dried onion, iodized salt, dextrose, leavening (sodium acid pyrophosphate, sodium bicarbonate), whey, paprika extract (color), soy flour, sodium alginate, nonfat milk, natural flavor, egg.

Allergens: Milk, Egg, Soy, Wheat

**Other Information**

For more information about Brakebush and it's many other fine products please call us at 1-800-933-2121.

**Nutritional Information**

<b>Nutrition Facts</b>	
Serving Size: 1 pattie (92g)	
Servings Per Container: 49	
Amount per Serving	
Calories: 240	Calories from Fat: 110
% Daily Value*	
Total Fat: 12 g	18 %
Saturated Fat: 2.5 g	
Trans Fat: 0 g	
Cholesterol: 35 mg	11 %
Sodium: 500 mg	21 %
Total Carbohydrate: 17 g	6 %
Dietary Fiber: 0 g	
Sugars: 1 g	
Protein: 15 g	
Vitamin A: 0 %	Vitamin C: 0 %
Calcium: 0 %	Iron: 15 %
*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

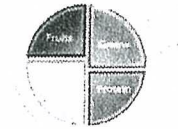
Kosher: NO
Serving Size for Nutrients: 92g
Household Serving Size: 1
Measure: PIECE

\* This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.

**Inner Pack**

Unit Quantity: 2 BAG

Unit Size: 5 lb


**USDA Foods Fact Sheet for Schools & Child Nutrition Institutions**

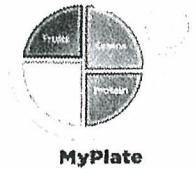
(last updated, 09-18-12)

 Visit us at [www.fns.usda.gov/fdd](http://www.fns.usda.gov/fdd)
**100034 – CHEESE, MOZZARELLA, LITE, SHREDDED, FROZEN, 30 LB**

<b>PREPARATION/ COOKING INSTRUCTIONS</b>	<ul style="list-style-type: none"> <li>• Thaw frozen cheese in the refrigerator for 72 hours at 35 °F (best) to 41 °F (maximum) in its original wrapper to prevent moisture loss. The slower the cheese is thawed, the better. Plan your daily usage to have the correct quantity of cheese in the thawing process.</li> <li>• Thawed cheese should be heated for 10 minutes at a temperature of 450 °F in a preheated oven. Heating the product at a higher temperature and/or for a longer period of time may cause the cheese to scorch and brown excessively. If using this product for pizza, it is also beneficial to place any additional toppings over the cheese, rather than placing cheese over the toppings. Check the cheese during use (i.e., at the beginning of the pizza-making process) and if it feels very wet, the product is not completely thawed and must be put back under refrigeration and allowed to complete the thawing process.</li> </ul>
<b>USES AND TIPS</b>	<ul style="list-style-type: none"> <li>• Serve as is in wraps, cooked dishes such as lasagna and pizza, combination dishes or breads, or as a garnish for vegetable or fruit salads.</li> </ul>
<b>FOOD SAFETY INFORMATION</b>	<ul style="list-style-type: none"> <li>• If any part of a package of shredded cheese contains mold, discard the package.</li> </ul>
<b>BEST IF USED BY GUIDANCE</b>	<ul style="list-style-type: none"> <li>• For guidance on how to effectively manage, store, and maintain USDA Foods, please visit the FDD Website at: <a href="http://www.fns.usda.gov/fdd">www.fns.usda.gov/fdd</a>.</li> <li>• For additional information on product dating, go to page 13 of <i>Choice Plus Food Safety Supplement</i> at: <a href="http://www.fns.usda.gov/fdd">www.fns.usda.gov/fdd</a>.</li> </ul>

Nutrient values in the nutrition information section are from the USDA National Nutrient Database for Standard Reference, or are average values from vendors who provide USDA Foods. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

**USDA Nondiscrimination Statement:** "The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider and employer."



**USDA Foods Fact Sheet for Schools & Child Nutrition Institutions**

(last updated, 09-18-12)

Visit us at [www.fns.usda.gov/fdd](http://www.fns.usda.gov/fdd)

**100034 – CHEESE, MOZZARELLA, LITE, SHREDDED, FROZEN, 30 LB**

<b>CATEGORY</b>	<ul style="list-style-type: none"> <li>Meat/Meat Alternates</li> </ul>
<b>PRODUCT DESCRIPTION</b>	<ul style="list-style-type: none"> <li>Lite mozzarella cheese is made from cows' milk and other ingredients such as enzymes and salt. It contains less fat than regular mozzarella cheese, with a maximum of 10.8% milk fat. Lite mozzarella cheese is an important source of calcium and also provides protein, Vitamin A, and phosphorus to the diet. The cheese should exhibit a smooth pliable body; shredded cheese should be free flowing, not matted or with excessive fines.</li> </ul>
<b>PACK/YIELD</b>	<ul style="list-style-type: none"> <li>30 lb case.</li> <li>One 30 lb case AP yields about 120 cups shredded cheese and provides about 480.0 1-oz servings cheese.</li> <li>One lb AP yields about 4 cups shredded cheese and provides about 16.0 1-oz servings.</li> <li>CN Crediting: 1 oz cheese provides 1 oz-equivalent meat/meat alternate; ½ oz provides ½ oz-equivalent meat/meat alternate.</li> </ul>
<b>STORAGE</b>	<ul style="list-style-type: none"> <li>Store mozzarella cheese frozen in its original container at 20°F or lower until needed for use. Store cheese out of the airflow in the cooler so it does not pick up any off-flavor air spores common in coolers.</li> <li>Once mozzarella cheese is exposed to air, mold and dehydration may occur. To protect cheese from mold, always work with it in a clean area. Re-wrap cheese with new plastic wrap each time opened for serving and place in its original container or other sealed container. Double-wrap if cheese will be used more than a week after opening.</li> <li>Use First-In-First-Out (FIFO) storage practices to ensure use of older product first. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.</li> </ul>

**Nutrition Information**

Cheese, mozzarella, part skim milk

	½ oz (14 g)	1 oz (28 g)
Calories	37.5	75
Protein	3.25 g	6.5 g
Carbohydrate	0.25 g	0.5 g
Dietary Fiber	0 g	0 g
Sugars	0 g	0 g
Total Fat	2.125 g	4.25 g
Saturated Fat	1.5 g	3.0 g
Trans Fat	0 g	0 g
Cholesterol	7.5 mg	15 mg
Iron	1.4 mg	2.7 mg
Calcium	100 mg	200 mg
Sodium	24 mg	47.5 mg
Magnesium	3.5 mg	7 mg
Potassium	13.5 mg	27 mg
Vitamin A	100 IU	200 IU
Vitamin C	0 mg	0 mg
Vitamin E	0.5 mg	0.10 mg

# Quest Food Management

**Recipe: 000731 sauce, house spaghetti meatles**

Recipe Source: 2012

Recipe Group: MISCELLANEOUS

**Recipe HACCP Process: #2 Same Day Service**

Alternate Recipe Name:

Number of Portions: 1

Size of Portion: gal

903561 sauce marinara san benito greco.... 900031 WATER..... 900443 BASIL LEAF..... 002047 SALT, TABLE..... 114657 PEPPER BLACK, GROUND..... 799903 GARLIC, GRANULATED.....	1 pouch 52 OZ 2 OZ 1 TBSP 1 TBSP 2 TBSP	In a large stock pot- using pan spray- spray the pot prior to adding the ingredients.  Add 1 (#10) can of Spaghetti Sauce then using the can add 1/2 can of tap water. Add salt, pepper, garlic and oregano to the pot. Simmer for 2 hours, stirring often.. you might need to add additional seasonings- be sure to taste as it simmers.
--	--	---

\*Nutrients are based upon 1 Portion Size (gal)

Calories	1934 kcal	Cholesterol	0.00 mg	Protein	49.79 g	Calcium	47.30 mg	21.92%	Calories from Total Fat
Total Fat	47.10 g	Sodium	22381.95 mg	Vitamin A	5869.25 RE	Iron	26.03 mg	0.01%	Calories from Saturated Fat
Saturated Fat	0.02 g	Carbohydrates	317.41 g	Vitamin A	29346.18 IU	Water <sup>1</sup>	*1473.82* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>1</sup>	*0.00* g	Dietary Fiber	48.63 g	Vitamin C	496.03 mg	Ash <sup>1</sup>	*20.24* g	65.65%	Calories from Carbohydrates
								10.30%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<u>Miscellaneous</u>	<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt.....	oz			? - Milk
Grain.....	oz			? - Egg
Fruit.....	cup			? - Peanut
Vegetable.....	cup			? - Tree Nut
Milk.....	cup			? - Fish
<b><u>Moisture &amp; Fat Change</u></b>				? - Shellfish
Moisture Change.	0%			? - Soy
Fat Change.....	0%			? - Wheat
Type of Fat.....				

**Production Specification**

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
-----	-------	--------------------------	---------	---------	-------

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**



a division of The Neil Jones Food Company

**PRODUCT DATA SHEET**

*This information is confidential. Specifications are subject to change. Please confirm specifications with San Benito Quality Department prior to use. Also note that all products are subject to natural inherent variability, where required, tolerances are indicated.*

**NOT FOR DISTRIBUTION**

**77170 - San Benito Fancy Marinara Sauce**

Last Date Reviewed 12/15/2012

**GENERAL:** This product is prepared from mature, clean, sound tomatoes, which are sorted, crushed, and concentrated to specification. Diced tomatoes, corn syrup, soy oil, salt, starch and spices are then added as per the formula. This product is then processed in accordance with Good Manufacturing Practices and packed in a hermetically sealed container which renders it commercially sterile. This product conforms in every aspect to the provisions of the U.S. Federal Food, Drug, and Cosmetic Act.

**SOURCE:** Tomatoes manufactured under the San Benito Foods' name are grown and processed in The United States of America.

**SHELF LIFE:** 36 months at 70°F from date of pack.

**INGREDIENTS:** FRESH VINE-RIPENED CALIFORNIA TOMATOES, Tomato Puree, Corn Syrup, Soy Oil, Salt, Modified Food Starch, Onion Powder, Garlic Powder, Spices, Natural Flavors, and May Contain Citric Acid.

**KOSHER:** Orthodox Union 

**HALAL:** The Islamic Food and Nutrition Council of America 

**ALLERGEN:** None

**GMO:** Free

**COLOR:** U.S.D.A. Grade A

**DEFECTS:** U.S.D.A. Grade C or better.

**TEXTURE & CHARACTER:** Smooth background with a noticeable amount of seed and peel.

Net Weight	105.0 oz.
Bostwick	3.5 – 4.5 cm
Salt	1.3 – 1.8 %
pH	3.75 – 4.25
14-digit GTIN	10041712771700
Brand Name	San Benito
Case Net Weight:	39.375 lbs.
Case Gross Weight:	45.0 lbs.
Pack Size:	6 #10 cans per case
Case Dimensions	L: 18.5" W: 12.5" H: 7.5"
Case Cube:	1.00 Cu Ft.
Pallet Info, Ti Hi:	56cs / pallet 8cs. per layer, 7 layers

**CAN CODE:** SSM J40-210-12 (Can Code, Period Code/Line# --Julian Date – Year)  
**PRODUCT CODE:** 77170 08:30 (Product Code, Military Prod. Time)

**LABELING:** Each container is marked with the manufacturer's name, brand name, net weight, ingredient statement, and the packed-date.

**RECOMMENDED TRANSPORT and STORAGE:** Cool and dry conditions.

<b>Nutrition Facts</b>	
Serving Size	½ cup (128 grams)
Servings Per Container	23
Amount Per Serving	
<b>Calories 80</b>	Calories From Fat 25
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 650mg</b>	<b>27%</b>
<b>Total Carbohydrates 13g</b>	<b>4%</b>
Dietary Fiber 2g	7%
Sugars 9g	
<b>Protein 2g</b>	
Vitamin A 25%	• Vitamin C 35%
Calcium 0%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat.....9	• Carbohydrate.....4 • Protein.....4

**\*This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.**

# Nutritional Information for BUN HAMB SLCD WHLWHE R/SOD 3.5" 12-12

<b>Product Number:</b>	254262
<b>Description:</b>	AP Bun, Hamb, WGrain, Red Sod, 1.5 oz-Au

Serving Size 1 each (43 g)			
Amount Per Serving			
Calories 100		Calories from Fat 14	
% Daily Value			
<b>Total Fat</b>	2 g	2%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
<b>Cholesterol</b>	0 mg	0%	
<b>Sodium</b>	135 mg	6%	
<b>Potassium</b>	n/a	n/a	
<b>Total Carbs</b>	20 g	7%	
Dietary Fiber	4 g	16%	
Sugars	2 g	n/a	
<b>Protein</b>	4 g	8%	
Vitamin A -	0%	Vitamin C -	0%
Calcium -	2%	Iron -	8%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

Thiamin B1	0 mg	Phosphorus	n/a
Riboflavin B2	0 mg	Zinc	n/a
Niacin B3	2 mg	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	1 mg
Folic Acid	60 mcg	Manganese	n/a
		Iodine	n/a

		Vitamin D	n/a
<b>1 Each</b>		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	0 IU
Grain/Bread	n/a	Vitamin A	n/a
Meat/Meat Alternate	0.00 oz		
Grain/Bread	1.50 oz eq		
Fruit	0.00 cup		
Vegetable:			
Red/Orange	0.00 cup		
Dark Green	0.00 cup		
Starchy	0.00 cup		
Beans/Peas	0.00 cup		
Other	0.00 cup		
Provides 1.25 oz eq grain based on flour content			



**Ingredients:**

**For ingredient or allergen information, please contact: Aunt Millie's, phone: (800) 995-8245.**

**Please reference manufacturer number: 7071. Nutrition updated September 2013. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.**